

## Youth Associates Block Two

*Presence* led by Rihari Te Are

### **Kaupapa Matua – Guiding Principle**

Everything is built on one principle: Presence.

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*Presence = being fully here, responding truthfully in the moment.*

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The core focus across all sessions is presence – being fully in the moment, responsive and truthful on stage. Each workshop will explore presence through a different genre and text, allowing participants to experience how presence behaves under different performance conditions.

The goal of this workshop block is to allow participants to explore their personal relationship with presence in performance.

#### **Structure:**

- Workshop 1: Presence – **Play**
  - Building the ability to stay open and responsive in group play
- Workshop 2: Presence – **Impulse**
  - Building the ability to trust impulse over control or logic
- Workshop 3: Presence – **Pressure**
  - Building the skills of listening and sustained presence under pressure
- Workshop 4: Presence – **Application & Ensemble**
  - Applying the skills from previous workshops into group play using text.

There are limited spaces for this workshop block. All expressions of interest received by the deadline will be reviewed. If the workshop is oversubscribed, selection will focus on availability for the workshop dates.

#### **Workshop Schedule (All sessions held at ATC Balmoral Rehearsal Studios, 487 Dominion Road, Mt Eden, Auckland)**

- Saturday 2 May, 10:00am–1:00pm
- Saturday 9 May, 10:00am–1:00pm
- Saturday 16 May, 10:00am–1:00pm
- Saturday 23 May, 10:00am–1:00pm